

April 18, 2005

**ARIA EXECUTIVE COMMITTEE MEETING**  
**March 18, 2005**  
**Hilton Palacio del Rio, San Antonio, TX, US**

Participants: Jean Bousquet, Chair, Claus Bachert, Carlos Baena-Cagnani, Jacques Bouchard, Philippe J Bousquet, G. Walter Canonica, Alvaro Cruz, Adnan Custovic, Pascal Demoly, Stephen Durham, Kenneth Holmberg, Peter Howarth, James Kemp, Marek Kowalski, Richard Lockey, Eli Meltzer, Charles Naspitz, Kristof Nekam, Nikolaos Papadopoulos, Giovanni Passalacqua, Ruby Pawankar, Ted Popov, Glenis Scadding, Vaclaw Spicak. ARIA: Anna Bedbrook, Larry Grouse. WHO: Nikolai Khaltaev, Paolo Matricardi, Bernard Arnoux.

Sponsors: Lars Jacobsen (ALK-Abélló), Stuart Loesch, Bruce Schechter (ALTANA), Stephen Moloney (GSK), Ruth Desmond, David Peacock (Merck), Keith Allan (Novartis), Angela Crossman, Joe Loftus, Jigisha Shah, Sam Trujillo (Schering-Plough), Sandra Stallaert, Mark Sullivan (UCB Farchim SA) .

**EXECUTIVE COMMITTEE AGENDA**

Global Alliance Against Chronic Respiratory Diseases (GARD) Jean Bousquet,  
Nikolai Khaltaev

Review and Approval of Papers for the ARIA Update

Introduction Jean Bousquet

Complementary and Alternative Medicine Giovanni Passalacqua

Pharmacologic Treatment of Rhinitis Jean Bousquet

Rhinitis and Asthma Alvaro Cruz

Prevention Adnan Custovic

Future Reviews

Allergen Specific Immunotherapy Giovanni Passalacqua, Steve Durham

Conjunctivitis Sergio Bonini

Epidemiology, Risk Factors, and Burden Paolo Matricardi

Genetics and Mechanisms Ruby Pawankar

Pediatric and Adolescent Medicine Jean Bousquet

Diagnosis and Classification Jean Bousquet

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Final ARIA Update Jean Bousquet

IPAG Handbook : GP Management of CRDs Larry Grouse

ARIA Asia-Pacific Workshop in Mumbai Ruby Pawankar

ARIA Finances Larry Grouse

Future Work

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Nikolai Khaltsev

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Future Work and Discussion

## **ARIA LANDMARKS**

Prof. Bousquet reviewed a history of ARIA's past activities as well as a summary of those planned in the future. ARIA is very proud of its involvement with Dr. Nikolai Khaltsev and WHO in the development of the Global Initiative Against Chronic Respiratory Diseases (GARD). This Initiative has the potential to introduce modern and effective practice approaches globally. Meetings on May 10-11 in Geneva will organize and plan the Working Groups and pilot programs. The Minutes from the January WHO meeting of GARD are included with this e-mail and outline the time and event path for GARD. Prof. Bousquet will have a very good opportunity to make sure that state-of-the-art practice guidelines such as ARIA will be made available globally as a part of this educational implementation.

Prof. Bousquet outlined the extensive process that ARIA has carried out in its major ARIA Update activities and meeting. A completely new ARIA Workshop Report will be created. A final meeting of the 20 member working group will complete this process, which should be complete by the end of 2005.

A draft copy of the "Pharmacologic treatment of allergic rhinitis" section of the Update is included with these minutes. Input, including peer-reviewed published materials, is welcomed and should be submitted directly to Prof. Bousquet through the Secretariat ([aria@montp.inserm.fr](mailto:aria@montp.inserm.fr)) with a copy to ([lgrouse@u.washington.edu](mailto:lgrouse@u.washington.edu)). There have been several recent difficulties with the ISP from the Secretariat and it is helpful to make sure that there is a specific confirmation of receipt for these materials.

The major review papers listed above in the Minutes will be submitted for publication in peer-reviewed journals; some will also be presented at the meeting of WAO in Munich.

In addition, the extremely useful ARIA Pocket Guide and the ARIA Pharmacist Guide documents will be revised following the completion of the ARIA Workshop Report. Europharm and other key pharmacy groups are endorsing the ARIA materials and participating in their revision.

Dr. Khaltsev outlined the strong case for GARD with CRDs increasing worldwide. The current plan allows rhinitis/asthma to be an important part of the CRD initiative, which is a implementation of the World Health Assembly Resolution 53.17 put forward in May, 2000.

Initially, there will be an inventory of resources to cope with CRDs; this will allow key guidelines and approaches to be used following validation and adaptation.

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In addition, there will be measurements of the impact of GARD implementation to assure its effectiveness. The launch is now being planned for the Nov. to Dec. window in 2005 with a press conference in Asia.

The upcoming WHA meeting in Geneva will emphasize partnerships and cooperation at the country level with government organizations and corporations able to participate. Voting at the GARD initiative will follow a 1 NGO, 1 vote principle.

There will be a meeting in June in Paris between the WHO and GARD representatives and industry to review the various WHO-approved approaches for collaboration. Dr. Grouse will provide specific information when it becomes available.

Prof. Pawankar provided the positive results of the ARIA Asia-Pacific Workshop in Mumbai, India.

Dr. Grouse reviewed the current (Phase 5) budget and statement of revenue/expenses to date. Now that the ARIA meetings at AAAAI and their decisions concerning next year's activities are complete, Dr. Grouse will be sending sponsors a proposal and budget for Phase 6 of ARIA which will run from July 1, 2005 to June 30, 2006.

Dr. Grouse also reviewed the availability of the IPAG Handbook, which is a family doctor diagnostic and treatment guide that was developed by a prestigious GP Global Expert Panel. Its launch will be held at the World Organization of Family Doctors (WONCA) International Asia-Pacific Meeting, which will be held May 26-30 in Kyoto, Japan. The IPAG Handbook has been endorsed by WONCA and the IPCRG and contains the global evidence-based practice guidelines of ARIA, GINA, and GOLD. A press release will be placed on the international medical news wire with 7 translations provided for global use.